

1. Gmail Security Settings URL:

<https://support.google.com/accounts/answer/185833?hl=en>

2. Application-specific password of Gmail account help:

The screenshot shows the Google Account Help page for "Sign in with App Passwords". The page title is "Sign in with App Passwords" and it includes a tip: "App Passwords aren't recommended and are unnecessary in most cases. To help keep your account secure, use 'Sign in with Google' to connect apps to your Google Account." It also explains that an App Password is a 16-digit passcode. The page is divided into sections: "When to use App Passwords", "Create & use App Passwords", and a list of related links such as "Why you may need an App Password", "App Passwords revoked after password change", "Forgot your App Password", "You still can't sign in", and "Fix problems with Microsoft Outlook".

3. Enable IMAP/POP3 Setting in Gmail account settings

The screenshot shows the Gmail account settings page for "Forwarding and POP/IMAP". The "POP download" section is highlighted with a red box, showing the status "POP is enabled" and options to "Enable POP for all mail", "Enable POP for mail that arrives from now on", or "Disable POP". The "IMAP access" section is also highlighted with a red box, showing the status "IMAP is enabled" and options to "Enable IMAP" or "Disable IMAP". Below this, there are options for "When I mark a message in IMAP as deleted" (Auto-Expunge on or off) and "When a message is marked as deleted and expunged from the last visible IMAP folder" (Archive, Move to Bin, or Delete). The "Folder size limits" section shows options to "Do not limit the number of messages" or "Limit IMAP folders to contain no more than this many messages" (set to 1,000). The "Configure your email client" section is also visible.

4. Enter Gmail account Settings and enable two-step Verification Setting & Add APP password: <https://myaccount.google.com/security>

Google account number

- front page
- Personal information
- Data and personalization
- safety**
- Users and sharing
- Payment and subscription
- about

safety

Settings and suggestions to help keep your account safe

You have safety advice
Operational recommendations based on the results of the safety inspection

[Protect account security](#)

Recent security activities

Application-specific password removed	8:53 am · Guangdong, China	>
Application-specific password has been generated	8:49 am · Guangdong, China	>
Application-specific password has been generated	8:42 am · Guangdong, China	>

[View safety activity \(9\)](#)

Sign in to Google

password	Last modified: May 10	>
Two-step verification	<input checked="" type="checkbox"/> Enable	>
Application-specific password	1 password	>

Ways we can verify your identity

This information can be used to verify that you are actually logged in, and can also be used to contact you when there is suspicious activity in your account

Secondary phone number	136 9208 9122	>
Recovery email	13692089122@163.com	>

5.

- (1) Type in previous gmail account password
- (2) Set up Application-specific password

← Application-specific password 2

An application-specific password allows you to log in to your Google account through an application that does not support 2-step verification on your device. You only need to enter the password once, so there is no need to remember it. [Learn more](#)

name	Creation date	Last used date
Third party	8:42 am	8:43 am

Select the app and device for which you want to generate an application-specific password.

Select application: mail, calendar, Address book, YouTube, **Other (custom name)**

Select equipment: [dropdown]

← Application-specific password 3

An application-specific password allows you to log in to your Google account through an application that does not support 2-step verification on your device. You only need to enter the password once, so there is no need to remember it. [Learn more](#)

name	Creation date	Last used date
Third party	8:42 am	8:43 am

Select the app and device for which you want to generate an application-specific password.

DVR [X]

Generated application-specific password 4

App-specific password for your device

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Instructions for use

In the app or device you want to set up, go to the settings section of your Google account. Replace your password with a 16-character password (as shown above). The utility of the application-specific password is the same as a normal password. With it, you can get full access to your Google account. You don't need to remember the password, so don't write it down or tell others.